



British
Orthopaedic
Association

Caring for Patients - Supporting Surgeons



41st Instructional Course

13 - 15 January 2012

**Manchester Conference Centre,
Sackville Street, Manchester M1 3BB**

BRITISH ORTHOPAEDIC ASSOCIATION
35-43 Lincoln's Inn Fields
London WC2A 3PE
Tel: 020 7406 1756 Fax: 020 7831 2676
Email: eventsteam@boa.ac.uk



President
Professor Joe Dias

41st INSTRUCTIONAL COURSE
Organised by the BOA Education and Revalidation Committee



Chairman
Mr D Limb



Secretary
Mr D Stanley

Aamir Zubairy
Anand Arya
Francois Tudor

Committee
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Paul Manning
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ex officio
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Honorary Secretary, British Orthopaedic Association
Vice Chairman, Specialist Advisory Committee in Trauma & Orthopaedic Surgery
Chairman, Intercollegiate Board
Chairman, Board of Specialist Societies
British Orthopaedic Trainees Association
Royal College of Surgeons England Charnley Tutor

AIMS OF THE COURSE

The changes in the FRCS (Tr & Orth) examination, coupled with the introduction of specialist training from ST1 to ST8, prompted the Committee to rethink and redesign the Instructional Course.

Since January 2009, the Instructional Course programme has been divided into junior and senior sections.

Over a 3-year period it is hoped to cover most areas of the curriculum in order to provide good clinical training but also to prepare people for the FRCS (Tr & Orth) examination.

The new course will include, for both groups, aspects of clinical examination, key conditions that are felt appropriate for both levels, anatomy and surgical approaches and interactive discussions.

FACULTY

Vijay Bhalai
Indranil Chakrabarty
Prof. Joe Dias
David Elliott
James Fernandes
Bob Handley
Vikas Khanduka
Nigel Kiely
Om Lahoti
David Limb
Richard Montgomery
Prof. Raj Murali

Graham Myers
Kevin Newman
Mark Paterson
Kevin Sherman
Kevin Smith
David Stanley
Sumedh Talwalker
Ian Trail
Francios Tudor
Tony Ward
Adam Watts
Aamir Zubairy

VENUE

The Instructional Course will be held at the Manchester Conference Centre, The University of Manchester, Weston Building, Sackville Street, Manchester M1 3BB.

Telephone: 0161 955 8016, 300 metres walk from Manchester Piccadilly Railway Station.



AUDIENCE RESPONSE SYSTEM

An ARS may be in use throughout the meeting to gauge reaction to each session. Keypads will be attached to the seats in the theatres. Please leave these behind for collection, or at the registration desk on departure.

BOOK STAND

We are pleased to welcome back Blackwell's Exhibitions, who will display a comprehensive range of titles to order or purchase during the course, with discounts on recommended books.

ACCESS

From Piccadilly Station

Follow signs for the Metrolink and Taxi Rank, down the escalator from the main concourse. Immediately outside the station exit, turn right and cross London Road, then cross Fairfield Street to the Bulls Head pub. Walk down Whitworth Street, then turn left into Sackville Street. The Manchester Conference Centre is on the right (follow signs towards the Day's Inn Hotel where it is located).

From Oxford Road Station

At the bottom of the station ramp, turn right and cross over Oxford Street, then along Whitworth Street. At the UMIST Main Building (at the 2nd traffic lights in 500 metres), turn right into Sackville Street. Pass under the railway arch and the main UMIST campus, with the Renold Building and Staff House, is to the left. Continue along Sackville Street to the Weston Building on the right.

From Victoria Station

Take the Metro Link Tram to Piccadilly Station, exit to the main station concourse and then follow directions as for Piccadilly above.

Manchester International Airport by Train

24/7 service, every 15 minutes in peak times direct to Piccadilly Station. At Piccadilly Station, follow the signs for the taxi rank, then proceed as above.

ACCOMMODATION

Prices correct as of 06 January 2012. Please be aware some hotels offer discounts for group bookings and online reservations:

Day's Inn Hotel: On site - £119.00 (standard single) or £129.00 (city double) B&B Extra.
Tel: +44 (0)161 955 8400

Ibis Hotel: Charles Street, M1 7DG - From £51.00 bed & breakfast
Tel: (+44) (0)161 272 5000

Mint Hotel: 1 Piccadilly Place, M1 3BN - From £89.00 room only
Tel: (+44) (0)161 242 1000



REGISTRATION

	Member	Non-Member
REGISTRATION (excludes accommodation) (Includes Buffet Supper on 13 Jan. and lunch on 14 & 15 Jan.)	£288	£400

REGISTRATION AND ENQUIRIES DESK

The Registration and Enquiries Desk will be open at the following times:

Friday 13 January 2012	18.00 - 19.30
Saturday 14 January 2012	07.30 - 17.00
Sunday 15 January 2012	08.30 - 14.00



Acknowledgement of receipt of your fee will be sent to you on receipt of your registration form and payment.

The contact telephone number for enquiries after the Course is: **020 7406 1756**

The contact telephone number for enquiries during the Course is: **0161 955 8124**
(BOA Registration Desk)

BUFFET

A buffet supper will be served in Weston Room 1 on Friday evening 13 January, from 19.30.

COURSE LUNCH

Lunch is included in the registration fee, and is detailed in the programme below.

ALAN APLEY MEMORIAL LECTURE

Mr Peter Sharp, CEO of the Centre for Workforce Intelligence will be the twelfth Alan Apley Memorial Lecturer. He will deliver the lecture '*Future Surgical Workforce*' at 12.00 on Saturday 14 January.

SYNTHESE GUEST LECTURE

Mr Bob Handley will be the 2012 Synthes Guest Lecturer. He will deliver the lecture "*Bone, metal and cunning (how to fix a broken bone)*" at 17.00 on Saturday 14 January.

PRESIDENTIAL LECTURE

Professor Joe Dias [Leicester] will give the Presidential Lecture at 12.30 on Sunday 15 January.

BOTA EXTRAORDINARY GENERAL MEETING

The BOTA Committee strongly encourages all BOTA members to attend the Extraordinary General Meeting. This is one of two Open meetings held each year, the other being the Annual General Meeting in June.

The EGM provides an important forum for discussion of topics of interest, as well as specific problems encountered on various regional training programmes. This year the regional linkmen will also be more closely involved. In addition, members will have the opportunity for an off the record discussion with Professor Joe Dias, BOA President.

This will be at 17:45 on Saturday 14 January.

Programme of Events

Saturday 14th January

08.15 Welcome: Mr David Limb
Chairman of the BOA Education and Revalidation Committee

Weston Theatre

Cockcroft Theatre

08.30	<p>ST4 - 6 Hands - Chairman: Prof Raj Murali Mr Ian Trail, Mr Adam Watts, Mr Sumedh Talwalker, Mr Vijay Bhalaik, Mr Indranil Chakrabarty</p> <p>Topics: Congenital abnormalities of the hand Hand tumours (Case based discussions) Tendon transfers Arthritis in the hand Clinical examination of the hand Case based discussions - elective and trauma topics</p>	<p>ST1 - 3 Trauma - Chairman: Mr Kevin Smith Mr Kevin Newman, Mr David Elliott, Mr Tony Ward</p> <p>Topics: Open fracture, classification and management Pelvic fractures - <i>principles of management</i> Hip fractures - <i>decision making and management</i> Distal femoral fractures - <i>classification and management</i> Proximal tibial fractures - <i>classification and management</i> Polytrauma case scenarios - <i>decision making - interactive</i></p>
10.00	Coffee - Weston Room 1	
10.30	<p>Hands - Chairman: Prof Raj Murali Continued</p>	<p>Trauma - Chairman: Mr Kevin Smith Continued</p>
12.00	<p>Alan Apley Memorial Lecture - Weston Theatre Peter Sharp - Centre for Workforce Intelligence CEO <i>Future Surgical Workforce</i></p>	
12.45	Lunch - Weston Room 1	
13.30	<p>ST4 - 6 Trauma - Chairman: Mr Kevin Smith Mr Kevin Newman, Mr David Elliott, Mr Tony Ward</p> <p>Topics: Pelvic/Acetabular fractures - to include approaches Polytrauma - to include physiology/SIRS/DCO MIPPO Nailing -whats new? Polytrauma case scenarios</p>	<p>ST1 - 3 Hands - Chairman: Prof Raj Murali Mr Ian Trail, Mr Adam Watts, Mr Sumedh Talwalker, Mr Vijay Bhalaik, Mr Indranil Chakrabarty</p> <p>Topics: Pre session MCQ with ARS Surgical Anatomy of the hand Hand infections Common hand fractures Clinical examination - demonstration of clinical tests Post session MCQ with ARS</p>
15.00	Tea - Weston Room 1	
15.30	<p>ST4 - 6 Trauma - Chairman: Mr Kevin Smith Continued</p>	<p>ST1 - 3 Hands - Chairman: Prof Raj Murali Continued</p>
17.00	<p>Synthes Guest Lecture - Weston Theatre Bob Handley - Bone, metal and cunning (how to fix a broken bone) To review the planning and use of fixation techniques with particular reference to fracture configuration, bone quality and patient age.</p>	
17.45	BOTA EGM - All members welcome	

Sunday 15th January

08.30 Faculty Meeting - D Limb

Weston Theatre

Cockroft Theatre

09.00	ST4 - 6 Childrens Orthopaedics Chairman: Mr James Fernandes Mr Richard Montgomery, Mr Om Lahoti, Mr Nigel Kiely Topics: Management of Long Bone Fractures in Children Elbow Injuries in Children Evidence based treatment of Clubfeet Spot diagnosis in Paediatric Orthopaedics at the FRCS (Tr&Orth)	ST1 - 3 Basic Science Chairman: Mr Kevin Sherman Mr Vikas Khanduka, Mr Mark Paterson Topics: Gait analysis Metabolic bone disease Basic science of radiological investigations
10.30	Coffee - Weston Room 1	
11.00	ST4 - 6 Basic Science Chairman: Mr Kevin Sherman Mr Vikas Khanduka, Mr Mark Paterson Topics: Gait analysis Metabolic bone disease Basic science of radiological investigations	ST1 - 3 Childrens Orthopaedics Chairman: Mr James Fernandes Mr Richard Montgomery, Mr Om Lahoti, Mr Nigel Kiely Topics: Assessment of the polytraumatised child - Physiology and Resus Principles of management of fractures in children and fracture classifications The limping child Management of Musculoskeletal infections or the Septic Hip
12.30	Presidential Lecture - Weston Theatre <i>Professor J Dias</i>	
13.00	Lunch - Weston Room 1	
14.00	Close	



British
Orthopaedic
Association

BOA Annual Congress 2012
11th - 14th September
Manchester Central

CALL FOR ABSTRACTS

We are pleased to invite you to submit your abstract/s for the 2012 BOA Annual Congress.

Online Submission will close midnight

22nd January 2012

Visit boa.ac.uk for more information



Topics

Hip Surgery	Knee Surgery	Trauma
Foot & Ankle Surgery	Children's Orthopaedics	Spinal Surgery
Hand Surgery	Limb Reconstruction	Sports Trauma
Tumors	Research	Audit & Management
General Orthopaedics	Elbow and Shoulder Surgery	

Computer Assisted Orthopaedic Surgery
T&O in the Developing World (WOCUK)
Combined Services Orthopaedic Surgery

NEW AWARD

ARUK Young Investigator Award

The Arthritis Research UK Young Investigator's Award takes the form of a Poster Presentation judged by ARUK faculty. The top four posters will be invited to present their abstract as a Podium Presentation and the winner announced at the event.

This award is open to BOA Members **ONLY** under the age of 45.

41ST INSTRUCTIONAL COURSE 2011

EXHIBITING COMPANIES

Biomet UK

Brocastle Avenue
Waterton Industrial Estate
Bridgend
South Wales
CF31 3XA
www.biomet.com

Join us on the Biomet® stand this year to see the latest developments in our Trauma & Extremities portfolio.

The Comprehensive® Shoulder System is an evolutionary design and builds on our successful clinical heritage in shoulder arthroplasty. The Discovery® Elbow, Maestro™ Wrist and Arpe CMCJ Replacement, each with unique features, complete Biomet's® upper limb arthroplasty offering. To address proximal humeral fractures, the Optilock® Proximal Humeral Plating System is the latest addition to our upper limb trauma portfolio. Anatomically contoured and with a diverging 'shower-head' of bone screws, the plate is able to sit more distally on humerus to help avoid impingement with shoulder abduction.

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Blackwell Exhibitions

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Blackwell Exhibitions specializes in bringing conference specific titles to events across the UK, giving delegates the chance to browse a large selection of titles they are unlikely to find together elsewhere, often offered at below Amazon.co.uk prices.

CareFusion

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Patient's skin dwelling bacteria are the major source of infections associated with medical and surgical invasive procedures. Normally 'harmless', these bacteria live in the top cell layers of the epidermis and can enter the bloodstream whenever the integrity of the skin is breached, - for example 'cannulation.' Whilst hand washing and appropriate environmental cleaning are essential to the prevention of cross-contamination and limiting the spread of the usual suspects - MRSA, C-Diff, and their cousins - the patient and their skin should not be left out of the prevention equation. Blood stream and surgical site infections remain a significant burden to the NHS, patients and their families. The use of all appropriate, evidence based measures to prevent the avoidable infections is paramount.

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Irwin Mitchell provides legal services nationally and internationally, with offices in 8 major cities in the UK and 2 offices in Spain. Our stated vision is 'to exceed every client's expectations' and for our injured and disabled clients, this translates to helping wherever we can to optimise their quality of life, not simply focusing upon the litigation. For the fourth year running, the firm won the "Rehabilitation Initiative of the Year - Claimant Solicitor" award at the Post Magazine's Rehabilitation First Awards, 2011 with the judges describing this winning initiative as a *'truly good news story about collaborative working'*.

The Medical Defence Union
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Established in 1885, the MDU was the world's first medical defence organisation and we have led the way ever since.

We are the only long-standing medical defence organisation offering members a strong combination of traditional discretionary benefits and the security of an insurance contract.

Our members have access to the largest team of medico-legal experts in the UK, 24 hours a day, 7 days a week. We pride ourselves on providing the best and most personal service to you.

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Within Medtronic Advanced Energy we have the category for haemostatic sealing of soft tissue and bone, including its patented TRANSCOLLATION® and advanced energy surgical incision technology, including its patented PlasmaBlade® cutting technology.

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The company novel (Munich, Germany) brought pedography to medical science as a functional method of diagnosis of the foot.

Founded in 1978, novel introduced a complete system of foot analysis with the aid of pedography. This method has been scientifically tested worldwide. In only 8 minutes time, the physician or therapist is issued an analysis of the biomechanical function of both feet as an HTML file readable with any common browser. The procedure starts with the data collection from the novel database.

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Synthes is a leading global medical device company with a 50 year history of working closely with orthopaedic surgeons to develop the best possible solutions for patient care.

Synthes develop, produce and market instruments, implants and biomaterials for surgical fixation, correction and regeneration of the human skeleton and its soft tissues.

Synthes are a strong advocate of education for the application of appropriate surgical techniques best suited to the patient. Synthes also offer a broad range of solutions to support and enhance operating room efficiency.

Notes

Notes

Notes



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