



British
Orthopaedic
Association

BOA Future Leaders Programme (FLP) 2026/7

Future Leaders Programme

Introduction

Surgical leadership is fundamentally linked to patient outcomes. Effective leaders create an environment that promotes teamwork, quality, safety, and education, all contributing to better surgical results and patient satisfaction.

History and literature are littered with stories of heroes and derring-do. Such captains of crises are more exciting to read about than leaders who plan carefully and avoid crises...who are often considered obsessive planners. This action fallacy seduces us into watching the wrong leaders rather than looking below the surface. Leaders need to show character, competence and commitment. The field of T&O faces complex and systemic challenges, and whilst it is tempting to see leadership as a rigid set of traits, it has as much to do with organisational context as it does with individual competence.

In a complex system such as surgery, leadership is distributed, and the clinician's responsibility is to contribute to this process by fostering and empowering others' leadership capacity. This principle lies at the heart of the BOA Future Leaders Programme (FLP) and its key learning outcomes, reflected in the latest T&O curriculum and the Medical Leadership Competency Framework from the Academy of Medical Royal Colleges.



This 12-month programme supports up to 30 T&O surgeons (post-CCT, SAS or in the first years of consultancy) interested in being future leaders within their speciality. It equips them with the advanced leadership skills necessary to excel, and we use the building of a Quality Improvement Project to develop these leadership skills. The programme comprises four 2-day face-to-face forums over the 12 months, supplemented by self-directed Action Learning Sets. They are structured around four core domains:

A Learning Outcomes

1 Personal Leadership

To develop greater self-awareness of how you impact others within your organisation, of your role as leaders in quality improvement and as a high-performing surgeon.

At the end of the module, you will be able to:

- a. Define your purpose as a leader within the NHS
- b. Evaluate your impact on others
- c. Plan practical reflection, coaching and feedback
- d. Manage your behaviour under stress
- e. Assess your style of managing conflict and develop some top tips
- f. Plan how to build and maintain resilience
- g. Recognise your limits and embrace vulnerability/failure
- h. Experiment with and learn from new behaviours in the workplace

2 Technical Leadership

To understand the science of quality improvement: when and what methodologies best apply for a quality improvement initiative.

At the end of the module, participants will be able to:

- a. Evaluate the strengths and weaknesses of a range of quality improvement methodologies and adopt the most appropriate, dependent on context
- b. Use data to identify areas for improvement - critically appraise information from audits, inquiries, critical incidents or complaints, and implement appropriate changes.
- c. Apply data analysis methods, critically appraise data to evaluate constraints and use it for quality improvement.
- d. Deploy quality improvement methods (e.g. plan, do, study, act or action research) and repeat quality improvement cycles to refine practice.
- e. Evaluate the impact of quality improvement interventions.

3

Relational Leadership

To forge effective professional relationships at an individual, team, organisation or system-wide level.

At the end of the module, participants will be able to:

- a. Apply principles of social awareness and social management
- b. Link their life script impact to their influence on others
- c. Use the principles of transactional analysis to improve communication
- d. Think critically about decision-making, reflect on decision-making processes and explain those decisions to others honestly and transparently.
- e. Use principles of effective persuasion and negotiation to lead change
- f. Plan strategies to enhance performance and to support development
- g. Polish presentation skills
- h. Make conflict productive
- i. Hold challenging conversations
- j. Analyse the relationship and tensions between technical and relational approaches and where each might be appropriate.

4

Contextual Leadership

To understand how participants can influence change in their immediate, organizational, and national contexts and develop the skills necessary to lead in these environments.

At the end of the module, participants will be able to:

- a. Read and perceive organisational culture
- b. Apply principles of how organisational culture develops to influence change
- c. Adapt leadership style according to the context of culture and position of authority
- d. Apply power in the most effective way
- e. Network effectively
- f. Apply principles of scaling up to effect change at a national level
- g. Promote a just, open and transparent culture
- h. Promote a culture of learning and academic and professional critical enquiry.



B Learning Methods

1. Eight days of face-to-face learning and networking
2. Strategically grouped participants
3. Increasing use of online learning
 - a. To maximize opportunities
 - b. Participants will be asked to review screencasts, write reflective pieces, and then discuss essential or surprising elements.
 - c. Mandatory prequels to live elements will be assessed
4. Virtual action learning sets
 - a. As a technique to drive learning
 - b. Participants will be trained to run action learning sets themselves
5. Zoom coaching
6. Evidence of QI project achievements will be demonstrated through screencasts, which will be made available on the BOA website.

C Faculty

When the cohort of the FLP has assembled, we will decide on the faculty required to support the programme, based on their need. We will engage several BOA Council members and use our more comprehensive health service and leadership networks. As a priority, we will seek potential FLP programme directors and support their early professional development. Previous faculty included BOA Council Members, Past Presidents, JCIE leads, TPDs, Clinical Directors, leaders from the private sector, and Heads of School of Surgery.



D Programme Coaches

A distinctive feature of the BOA FLP is its strong emphasis on coaching. Each participant is matched with an established leader in T&O who provides personalised guidance. These coaches help participants navigate their career paths, refine their leadership skills, and tackle specific challenges.

Networking opportunities abound throughout the programme, allowing participants to build valuable connections with peers, coaches, and T&O leaders. These relationships often extend beyond the duration of the programme, forming a supportive community of future T&O leaders.

You will be allocated one course lead as your personal coach: Hiro Tanaka, James Tomlinson or Lisa Hadfield-Law. In addition, we will help you identify someone you will work alongside at your base hospital who can help you access opportunities to practice the skills you develop, e.g.

1. Your supervisor or appraiser
2. Appropriate specialist society members
3. Key senior colleagues within your base trust
4. Previous alumni

In some circumstances, participants are linked with an external coach.

E Quality Assurance

The BOA is committed to maintaining the FLP's relevance and excellence through continuous improvement. Feedback from participants is actively sought and used to refine and enhance the programme. This responsiveness ensures that the FLP remains aligned with the dynamic needs of the T&O community and healthcare environment. Participants in last year's FLP cohort:

- Submitted a semi-structured portfolio/learning log - including reflections on their development as a leader
- Created a personal development plan (PDP) to cover 2026/7
- Designed an ambition in practice – quality improvement
- Created a screencast demonstrating learning from the programme available on the BOA website [here](#)
- Assumed a mentorship role for next cohort



F Value for Participants

1. Access to high-level & big scope service improvement projects that:
 - a. Have the capacity to create long-lasting service improvement/change or cost-saving
 - b. Trainees can talk favourably about at interview, demonstrating their abilities to achieve and improve patient care
 - c. Have had some of the groundwork already laid or in partnership with a group of trusts or BOA/specialist societies
2. Professional networks within and across specialties

3. Access to those in advanced leadership roles, which will be immediately helpful in your current role and provide foundations for future leadership roles.

Screencasts from previous participants



BOA Future Leaders Programme 2022-23
Islam Mubark



G Cost

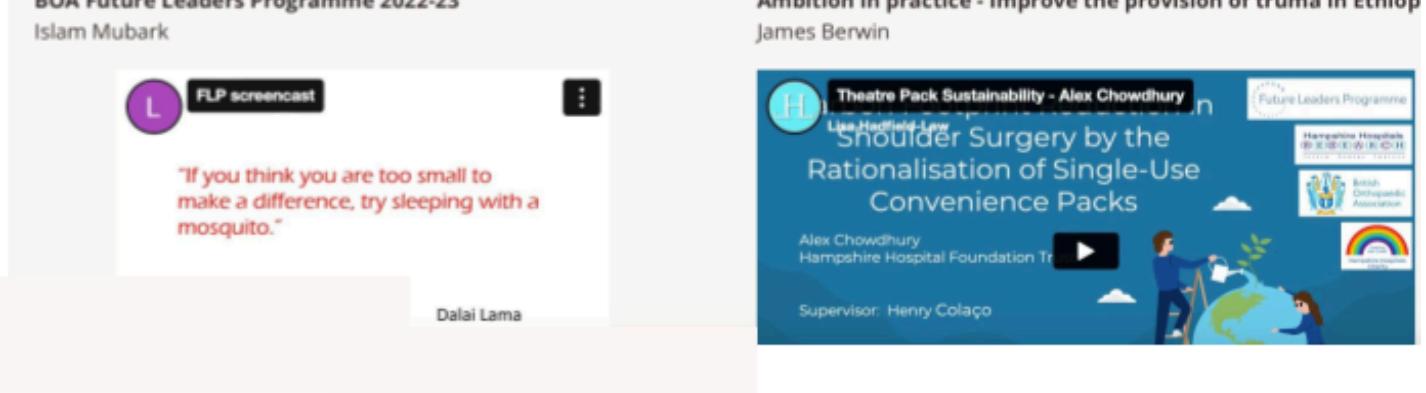
The 2026/7 programme costs £3,450 (+ VAT), which includes all fees, learning materials, and day delegate hospitality but does not cover travel or accommodation. All participants must be BOA members by 1st October 2026 at the latest to be eligible to participate in the programme. Non-orthopaedic participants through UKSSB can join as BOA members under the Affiliate category.

Please note that places on the FLP are limited and will be confirmed after your application is reviewed. Personal interviews may also be required.

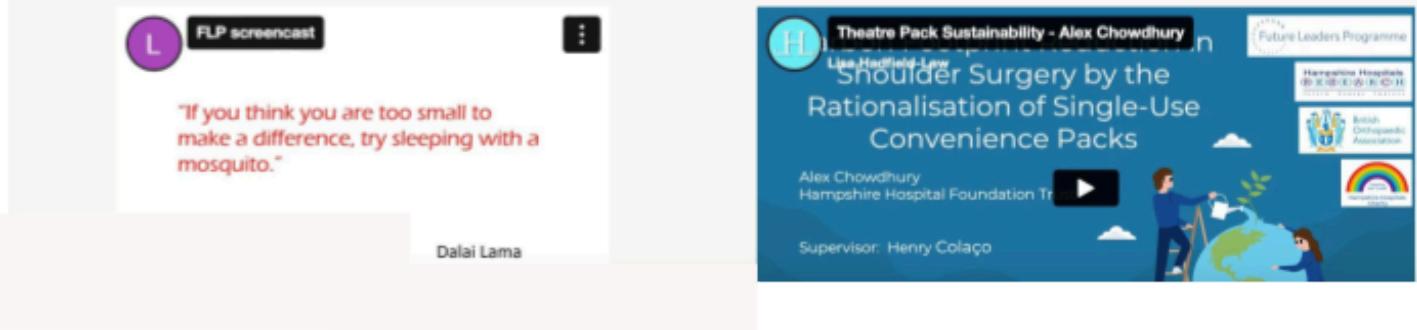
H Summary of Feedback

The feedback highlighted several key themes:

1. Networking and Mentorship: Emphasised the importance of networking across multiple organisations and the benefits of mentorship in personal and professional growth.



Ambition in practice - Improve the provision of trauma in Ethiopia
James Berwin



2. Course Content and Opportunities: Appreciated the course content, particularly the focus on leadership practices, communications skills, and the chance to reflect on personal leadership qualities.
3. Collaboration and Peer Interaction: Valued the opportunity to interact with peers, stressing the positive impact of learning from others.
4. Suggestions for Improvement: Suggested more consistent follow-ups, improved time management, and a more diverse format for future sessions.
5. Overall Positive Impact: The feedback reflected a generally positive experience, noting the programme's value in enhancing leadership abilities and building connections.



I Timings

2026

February 2 Open for applications

May 29 Applications in and processed

August 1 Email participants and invoice

August/	Pre-course preparation – 8 hours
September	Small group virtual meeting with each participant
October 19 & 20	Module 1: Personal leadership
December	Zoom Action Learning Set – Agree on leadership PDP and QI project plan

2027

January 12 & 13	(provisional) - Module 2: Technical leadership
February	Zoom Action Learning Set
March 10 & 11	(provisional) - Module 3: Relational leadership
April/May	Zoom Action Learning Set
June 10 & 11	(provisional) - Module 4: Contextual leadership
July	Review Leadership PDP Submit QI screencast for BOA Annual Congress
September 15	Presentation of BOA Certificates – Liverpool

All face-to-face modules are likely to take place in Stratford upon Avon at the [Welcombe Hotel](#)

Convenors

Lisa Hadfield-Law
Hiro Tanaka
James Tomlinson
Joanna Maggs

November 25