

Day One

Trauma
Support

Support for trauma experts, from **Day One**



**A clinician's guide
to working with us**



What is Day One?

Day One Trauma Support is a charity founded in 2014 by Professor Peter Giannoudis, internationally renowned orthopaedic trauma surgeon at Leeds Teaching Hospitals Trust. We are the only national charity supporting all major trauma patients, regardless of their type of injury.

Day One was born out of a recognition that despite the excellent clinical care that patients receive via the NHS, support doesn't always address the significant long-term impact that traumatic injury can have.

Working collaboratively with clinicians across Major Trauma Centres and networks, Day One offers professional advice and practical and emotional support to patients, to help them achieve their best possible recovery.

Our ambition is to roll out our proven model of care across all MTCs, to ensure that high quality holistic support after injuries is never down to luck or postcode.

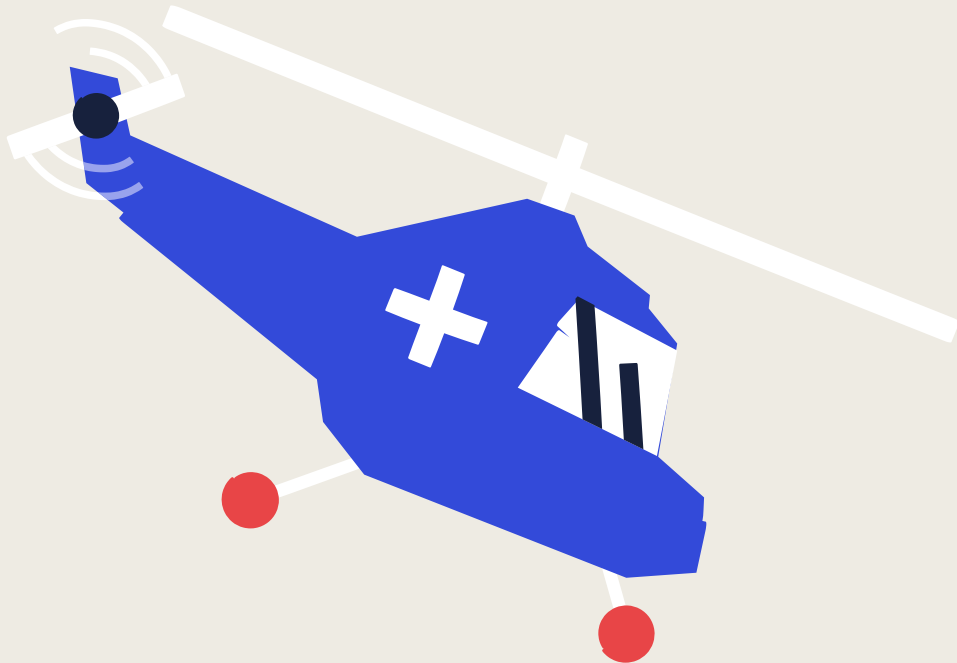
“Clinicians like myself do all we can to help patients heal physically from the impact of their major traumatic injury, but Day One can provide them with the additional practical and emotional support that will help them rebuild their lives and look forward to the future.”

**Professor
Peter Giannoudis**
Founder and
President,
Day One
Trauma Support



Our support model

Day One exists because it's not possible for the NHS to provide every aspect of aftercare for patients and those closest to them. Working alongside MTCs, Day One Caseworkers liaise with patients and clinicians to make sure everyone gets the non-clinical support they need.



This support continues beyond the trauma wards, and includes:

- › Accommodation close to the MTC for loved ones supporting a patient
- › Emergency funding for discharge packs, clothes and mobility aids which are not statutory funded
- › Legal advice relating to personal injury, housing, employment and more
- › Welfare benefits advice and support
- › Counselling support and advice for loved ones who aren't eligible for NHS-funded psychological support
- › Peer support from trained volunteers who have lived experience of major physical trauma

How we support clinicians and their patients

Day One Trauma Support in your MTC

Our ambition is to have a presence across all MTCs and networks, to ensure that every patient affected by major physical injury can benefit from the advice and support they need to make their best possible recovery.

We're also developing a national community of Peer Supporters, whose lived experience of major trauma can provide hope and inspiration to others, as well as help to inform improvements in NHS clinical care.

As a clinician you can help make this happen by:

- › Advocating for our work and lobbying for your MTC to partner with us
- › Referring patients who can benefit from our support
- › Referring recovered patients and their loved ones to join our Peer Support Volunteer programme
- › Fundraising for more trauma support so that nobody faces major physical trauma alone



Improving the ward environment

Partnering MTCs can apply to Day One to fund improvements to wards that will benefit major trauma patients. This could include equipment for patients or even improvements for family visiting rooms.



Education and training to improve major trauma care

We can also provide funding for clinicians to undertake specific training – that is not funded by the NHS – to support improvements in major trauma care. This may include whole or partial costs for training and conferences, including travel and accommodation.



We recently awarded £4,500 to enable three clinical psychologists at Leeds Teaching Hospitals Trust to be trained in Eye Movement Desensitisation and Reprocessing (EMDR) by the European Association. This has helped to ensure that psychological support to help lessen anxiety, depression and phantom limb pain following injury is more readily available, when previously there had been long waiting lists for referrals.

Grace's story

“My brother-in-law and I were baling the hay during a late harvest. The bales are half a ton each and we stack them on pallets. I jumped out of the tractor to put more pallets down, but as I walked away the tower of bales collapsed. One landed on my back, and another onto my left foot.



Four surgeons worked on me that night, fixing my tibia, fibula, femur, pelvis and lower spine. They think I should be paralysed but I was lucky. I also had complex facial fractures so they had to reconstruct my jaw, eye socket, nose and forehead with metal plates.

The hospital staff were absolutely amazing at looking after me physically, but when your life has been wiped out from under you, it's that extra support that you really need. That's what Day One gave me.

On the ward I was offered a call from a Peer Support Volunteer through Day One. I didn't think I needed to talk - I'm quite good at blocking stuff out - but I was called by Bjork, who told me about his past motorcycle injury. When I told him my story it was the first time I'd really spoken about it out loud. At the time I don't think I realised how much it helped to talk about it, but I still remember that conversation really well even now.”

“There's still some work to do, but I'm confident I'll get there, and grateful for how far I've come.”



What's next?

We're here for the good days
(and the bad). To find out
more about how we can help
you and your patients,
just get in touch.

dayonetrauma.org
dayone@dayonetrauma.org



@dayonetrauma

Charity number 1194227
Company number 13155922

Registered address

Day One Trauma Support, Room LGI 12/0B017, Brotherton
Wing B Floor, Leeds General Infirmary, Leeds LS13EX

