I would like to welcome you all to the 49th Annual Instructional Course in Manchester. Your Continuing Professional Development Training (CPD) is crucial for your T&O career. As clinicians, we have to acquire and maintain the skills and techniques that will serve our patients; the Instructional Course will complement your ongoing training.

This Course is a valuable opportunity for trainees and SAS Surgeons to come together to discuss training methods, theory and practice as well as providing a social environment for you to learn and share your experiences.

This years’ programme will have two parallel streams and provides curriculum driven clinical updates and critical condition assessment opportunities aimed at T&O trainees and SAS surgeons. Along with the opportunity to gain Clinical Based Discussions (CBDs) in the following areas:

- MSK malignancy (Bone Tumours)
- Complex Regional Pain Syndrome (CRPS)
- Limping Child
- Cauda Equina

I hope you enjoy the course and please use this opportunity to spend time with our expert faculty throughout the day.

Don McBride
BOA President
# INSTRUCTIONAL COURSE PROGRAMME

**Saturday 11th January 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Group A</th>
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<tbody>
<tr>
<td>09:00 - 09:10</td>
<td>WELCOME: Hiro Tanaka - Chair of the BOA Education and Revalidation Committee</td>
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<tr>
<td>09:10 - 09:35</td>
<td>Spines: Niall Eames</td>
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<td>09:35 - 10:00</td>
<td>Paediatrics: Fergal P Monsell</td>
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<tr>
<td>10:00 - 10:25</td>
<td>Hand and Wrist: David Warwick</td>
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<td>10:25 - 10:50</td>
<td>COFFEE</td>
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<tr>
<td>10:50 - 11:15</td>
<td>Foot and Ankle: Anna Chapman</td>
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<tr>
<td>11:15 - 11:40</td>
<td>Shoulder and Elbow: Damian McClelland</td>
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<tr>
<td>11:40 - 12:05</td>
<td>Knee: Bill Ryan</td>
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<td>12:05 - 12:30</td>
<td>Hip: Mike Reed</td>
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<td>12:30 - 13:30</td>
<td>LUNCH</td>
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**13:30 - 13:45**

**GROUP STRATEGY**

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<tr>
<th>Time</th>
<th>Group A1</th>
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<th>Group A3</th>
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<th>Group A7</th>
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<td>15.15 - 15.30</td>
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<td>Bone Tumours Complex Regional Pain Syndrome (CRPS) Limping Child Cauda Equina</td>
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<td>Rm: Light Rm: Sight</td>
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<td>Rm: Aspect Rm: Vista Rm: Observe Rm: Admire Rm: Scan Rm: Panorama 1</td>
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<td>09:25-10:10</td>
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<td>Group B5 Group B6 Group B7 Group B8</td>
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Please note: Delegates will be split into two groups. One group will start with the curriculum lectures in the morning followed by the case based discussions in the afternoon and the second group will start with the case based discussions in the morning followed by the curriculum lectures in the afternoon.
etc.venues Manchester

Whole Floor

etc.venues Manchester offers 15 flexible conference and event spaces over a single floor within the heart of the city. The excellent location is just 10 minutes from Piccadilly Train Station.
He has an interest in humanitarian medicine and has worked in several conflicts, and natural disasters, gaining a significant experience in the acute and reconstructive treatment of ballistic injuries. He was involved in the organisation and delivery of the orthopaedic response to the Manchester Arena bomb in 2017. He chairs the Orthocycle Foundation charity, which recycles orthotics and surgical equipment for use in less developed countries.

Amer has taught on many courses, including the BOFAS principles course and the BOA Boot Camp Course, and runs several courses in Manchester on Foot and Ankle Surgery and External Fixation.

He is married with four children, and enjoys fell walking and wild camping with them. He loathes static caravans.

Amit Kumar
Mr Kumar is a Consultant Orthopaedic Surgeon in Hip and Knee Surgery and Oncology Surgeon specialising in Soft Tissue Tumours at Manchester University Hospitals. His other interest is Metastatic Bone Disease and is also the Clinical Director of Sarcoma in Greater Manchester Cancer. His orthopaedic specialist training was on the East Midlands (South) rotation followed by Fellowships in Leicester, Nottingham and Wrightington hospitals.

Anand Pillai
Mr Pillai is Consultant Orthopaedic and Trauma Surgeon with University Hospitals Manchester, Wythenshaw with a specialist interest in Foot & Ankle Surgery. He trained in Orthopaedic and Foot surgery in the West of Scotland, and has undertaken further sub-specialist fellowships in Adelaide, South Australia and Oxford. Mr Pillai is a member of both the British and American Orthopaedic Foot and Ankle Societies, AO Trauma UK, Foot & Ankle Scotland and The Limb Lengthening and Reconstruction Society. He holds honorary academic positions with the Universities of Adelaide, Manchester, Salford and Malaya.

Anna Chapman
Anna Chapman is a Consultant Trauma and Orthopaedic Surgeon at University Hospitals Coventry and Warwickshire with a specialist interest in Foot and Ankle surgery. She qualified from Guy’s, King’s and St. Thomas’s Hospitals School of Medicine in London, and completed her orthopaedic training on the Warwick rotation. She undertook Fellowship training in Bournemouth and Bristol, and was appointed as a Consultant in 2012. She completed a Masters Degree in Medical Education at the University of Warwick in 2010 and continues to pursue her interest in all things educational. Anna is currently the Training Programme Director for the Warwick Orthopaedic Specialist Training Programme and is a member of the BOFAS Education Committee.

Amer Shoaib
Amer Shoaib is a Consultant Orthopaedic Surgeon at Manchester Royal Infirmary specialising in Foot and Ankle Surgery and Limb Reconstruction Surgery.
He qualified from St. George’s Hospital Medical School in London, and trained in Orthopaedic Surgery in the Welsh Deaneary and Oswestry.

He is a member of the British Orthopaedic Foot and Ankle Society, as well as the British Limb Reconstruction Society and the European Foot and Ankle Society.

Alistair Irwin
Consultant Orthopaedic Surgeon
Mr Alistair Irwin is a full time spinal surgeon practising at the RVI Newcastle and TSS Gateshead.
Having qualified from Newcastle University, he subsequently did his post graduate training within Newcastle and surrounding areas. Mr Irwin then undertook a spinal fellowship in Newcastle before being winning the BOA Soli Lam award and completing further travelling fellowships in Birmingham, Oxford and Copenhagen. He has a number of research interests and regularly lecture at the Newcastle medical school.
He undertakes all aspects of adult spinal surgery including minimally invasive techniques. Within the RVI Newcastle, he also has a specialist interest spinal tumours including spinal sarcomas which is one of only 5 sarcoma centres in England.

Ajay Malviya
Mr Malviya joined Northumbria Healthcare as a Consultant in 2011 after completing his orthopaedic training in the North East. His area of specialty is in the treatment of disorders of the young adult hip and has helped Northumbria become the tertiary referral centre for young patients with hip disorders attracting referrals from all over the country. He has expertise in hip preserving surgeries like hip arthroscopy for femoroacetabular impingement and other disorders around the hip and periacetabular osteotomy for hip dysplasia (corrective surgery for shallow socket) using a minimally invasive approach (small incision).

Mr Malviya is heavily involved in training future orthopaedic consultants. He is the lead of the UK and Ireland orthopaedic in training examination. In addition he regularly teaches in national hip arthroscopy courses and mentors consultants on how to set up a similar service in their own trust. He also teaches in early intervention in hip surgery and hip and knee arthroplasty courses.

He has an active interest in research, being an Honorary Senior Lecturer in Regenerative Medicine in Newcastle University, with many publications to his name, and lectures nationally and internationally. He has also won several national and international awards in his area of specialty. He is editorial correspondent for Journal of Hip Preservation Surgery and a member of the steering committee for the National Non Arthroplasty Hip Registry (NAHR). He is the trust T&O lead for Academic research and Quality.

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Birender Kapoor
Birender Kapoor is a consultant orthopaedic surgeon at Royal Liverpool University teaching Hospital. He has been keen in education and has been teaching at local, regional, national, and international level for the last 6 years. His clinical subspecialty interests include primary and revision hip arthroplasty, complex trauma and Metastatic bone disease.

- Member of intercollegiate MCQ setting committee
- Runs a national cadaveric intra-medullary nailing course for trainees
- Faculty member on FRCS exam courses
- Co-founder of a novel regional Metastatic bone disease Service
- Honorary lecturer at Liverpool University

Badri Naryan
Badri Naryan has been a Consultant in Trauma and Orthopaedic Surgery from 2002.

Bill Ryan
Bill Ryan is an Orthopaedic Surgeon based in Bolton for over 20 years. He trained in Manchester and has a passionate interest in Medical Education. He was TPD in Manchester between 2011 and 2016. He has been an examiner for the JCIE for over 10 years, and is now a liaison member on the SAC in T&O.

Cyrus Jensen
Cyrus Jensen graduated from Newcastle Medical School in 2003 and stayed in the Northern Region for his Basic and Higher Surgical Training in Orthopaedics. He then completed an Advanced Spine Fellowship in Leeds Spine Unit in 2013, before taking up his Consultant post in Northumbria Healthcare NHS Foundation Trust. He currently operates on all aspects of the adult spine, with a specialist interest in complex cervical surgery. He also participates on the general trauma rota. Throughout his training and career he has been active in research and had a real passion for training, giving lectures and running courses for both under and post graduate, and allied health professionals. Appointed as Early Years TPD in the Northern Region, his roles include running the CT2 T&O program and the ST3 interview course. Whilst a trainee himself, he created a regional clinical assessment for Northern Trainees (ITCA), and has been a Chief Editor for the UKITE since its inception. He helped to develop and has been faculty on all of the new format BOA Instructional courses, which aim to enable trainees to achieve their competencies in core CBDs.

Qaisar A Choudry
Mr Choudry is a consultant orthopaedic surgeon and the clinical director for trauma and orthopaedics at East Lancashire Hospitals NHS Trust. Mr Choudry has a specialist interest in lower limb arthroplasty, surgery for the hip and knee, paediatric orthopaedics and trauma.

Born and bred in Blackburn Mr Choudry took an opportunity to study medicine at Charles University in Prague, Czech Republic graduating in 1999. Speaking several languages he returned to the northwest to undertake his surgical training, gaining membership to the Royal College of Surgeons of Edinburgh in 2004 and an Intercollegiate Fellow in trauma and orthopaedics in 2009.

He was awarded the certificate of completion of surgical training in 2010. Mr Choudry was appointed as a consultant Orthopaedic surgeon at East Lancashire Hospitals NHS trust in 2011 having completed fellowships in lower limb arthroplasty a paediatric orthopaedic fellowship at the Robert Jones Agnes Hunt Hospital in Oswestry, and an AO trauma fellowship in Stuttgart Germany. Mr Choudry has an interest in education and research with multiple publications. Mr Choudry has presenting nationally and internationally and is a member of the faculty of surgical trainers Edinburgh. Mr Choudry is a faculty member for several courses run in the northwest for orthopaedic trainees and is an Honorary Senior Clinical Lecturer at the university of Lancaster.

Bhaskar Bhowal
Bhaskar Bhowal is a Consultant Orthopaedic and Hand Surgeon at the University Hospitals of Leicester NHS Trust. He qualified from the University of Calcutta in 1984. He came to the UK to pursue higher surgical training in 1989 and worked as an SHO in Darlington, Peterborough and Swansea before joining the East Midlands (South) HST programme in 1992. He did a hand surgery fellowship at Wightonhaugh and also visited Derby, Chelmsford and Bern as a visiting consultant. He was appointed consultant in Leicester in 1999 and continues to work there. He was TPD from 2008 – 2015 and also served as Deputy Head of School from 2015 – 2019. He has also served as Chair of the BOA Training Standards Committee from 2017 – 2019 having previously served as a committee member from 2012 – 2015. He was a member of the T&O SAC from 2012 – 2017. He is currently the PI for the NIHR sponsored SWIFFT and DISC trials with Leicester being the sponsoring site.

David Warwick
David Warwick is Consultant Hand Surgeon at University Hospital Southampton since 1998 as well as visiting Hand Surgeon to the States of Jersey and Bailiwick of Guernsey. He is involved daily in the clinical management of complex hand and wrist problems with a particular interest in the DRUJ, Dupuytren’s, joint replacement and orthopaedic hand trauma.

His teaching, research, and administrative contributions were rewarded by the University of Southampton with an Honorary Professorship in 2013. His NHS contribution has been rewarded with a Bronze Clinical Excellence award in 2012 renewed in
2016. He was awarded the Gold Medal in the European Diploma of Hand Surgery in 2004 and was awarded the Hunterian Professorship in 1998 for his work on Orthopaedic Thrombosis. Most recently he has been President of the British Association of Hand Therapists, Visiting Professor to the Australian Orthopaedic Association, South African Society for Surgery of the Hand, Polish Hand Society and Finnish Hand Society.

He is BSSH President Elect for 2020; he has recently finished as Secretary of the BSSH and Executive Committee Member of the FESSH. He now sits on the Executive Committee of the IFSSH. He reviews about 40 papers per year; David serves on the Editorial Board of the Bone and Joint Journal.

David has published over 80 papers in peer reviewed journals with an H index of 21. He has written over 20 book chapters and is Editor of the Oxford Handbook of Hand Surgery (2009, 2018), the European Textbook of Dupuytren’s Disease (2015) and Apley & Solomon’s System of Orthopaedics and Trauma (2001, 2010, 2017). He is currently Principle Investigator on 5 studies and leads the Clinical Orthopaedic Research Group in Southampton. He has lectured in the UK and abroad on many occasions as invited speaker on various topics.

**Deepa Bose**

Ms. Deepa Bose qualified as a doctor from Calcutta in 1990. She subsequently came to the UK for higher training. In 2009 she was appointed as a consultant to the Queen Elizabeth Hospital Birmingham, where she currently works. Her practice is exclusively in adults, and includes general trauma and post-traumatic limb reconstruction (osteomyelitis, malunion, non-union, limb lengthening & deformity correction). She also has a keen interest in medical education. She completed an MSc in Medical Education from Cardiff University in 2010. She is now Chair of the Specialist Training Committee for core surgical training in the West Midlands region, and is a member of the Training Standards Committee of the British Orthopaedic Association. Ms Bose has a desire to promote and encourage teaching in orthopaedics in developing nations, and she gained the Diploma in Medical Care of Catastrophes from the Worshipful Society of Apothecaries in 2011. She has been the secretary of World Orthopaedic Concern UK, a specialist society of the British Orthopaedic Association, and a charity which focuses on teaching orthopaedics in low resource countries, since 2009. She has been on the International Emergency Trauma Register of the UK, a first response team for international disaster relief, since 2012.

Giles Pattinson

Giles is a paediatric orthopaedic consultant at University Hospital, Coventry. He trained in Bristol and the South West and completed the fellowship at SickKids in Toronto. His practice includes paediatric trauma, general paediatric orthopaedics and neonatal disorders.

Giles has recently stepped down as TPD for the West Midlands (Warwick) programme and has had a career long interest in medical- and surgical education. Giles is a Fellow of the Faculty of Surgical Trainees. Other interests include leadership and management (he is Head of Surgery for the trust and a Regional Surgical Advisor for the Edinburgh college). He is currently supervising a PhD student to study the effects of cadaveric simulation and is an Honorary Associate Clinical Professor at Warwick Medical School.

In his spare time Giles likes to cycle (badly) and run (slowly).

**Fergal Monsell**

Fergal Patrick Monsell has been a Consultant at the Royal Hospital for Children, Bristol since 2005. His paediatric practice is broad based with a special interest is the management of patients with limb deformity. He has some experience in surgical and prosthetic management of this patient group and leads a multi-disciplinary team. He is also involved in all aspects of paediatric trauma and the treatment of children with cerebral palsy using a spectrum of contemporary techniques.

In 2000 he was an ABC travelling fellow, is the immediate Past President of the Limb Reconstruction Society, Member of the Board of the Society for Children’s Orthopaedic Surgery and Trustee and Member of the Education Committee of the BOA. He is a member of the Council of Management of Bone and joint Journal is Specialty Editor for paediatrics and is General Editor for AO Surgery Reference (Paediatric Trauma).

**Gill Cribb**

She graduated from Manchester University Medical School in 1996 and did her specialist Orthopaedic training in Shropshire and Stoke. She completed a fellowship in Orthopaedic Oncology in Brisbane, Australia and then was appointed as a fulltime consultant in Orthopaedic Oncology in Oswestry in 2009. She is an Honorary Senior Lecturer at University of Manchester and was a Lady Estelle Wolfson Emerging Leaders Fellow with The Royal College of Surgeons of England 2018/9. Gillian has a strong interest in research and teaching and has published 29 scientific papers and authored several book chapters. In her spare time she likes hill walking, cycling, skiing and watersports with her husband and two children.

**Hiro Tanaka**

Hiro Tanaka is a Consultant Foot and Ankle surgeon at Aneurin Bevan University Health Board. He is Chair of the BOA Education Committee and has led the development of the ST3 Bootcamp programme. He is a Health Foundation Fellow and is passionate about clinical leadership.

**James Tomlinson**

James is a Consultant Spinal Surgeon in Sheffield and T&O Educational TPD for the Yorkshire region. His clinical practice covers all aspects of adult spinal surgery. His non clinical interests include medical education, leadership, and non-technical skills. He was elected a Fellow of the Faculty of Surgical Trainees in recognition of his contribution to education and training. His research interests include Medical Education and Surgical Performance.
Karen Shepherd
Karen works as an orthopaedic oncological surgeon at the Robert Jones and Agnes Hunt Hospital in Oswestry. She underwent higher surgical training in Yorkshire and fellowship training in MSK oncology, and trauma and limb reconstruction.

Her clinical interests include bone and soft tissue sarcoma, and management of metastatic bone disease. Other subspecialty interests include teaching and training, and she is the FRCS examination course lead in the Oswestry and Stoke Rotation.

Lisa Hadfield-Law
Having spent 20 years in clinical practice and 20 years in surgical education, Lisa has been immersed in both cultures and is, therefore, in a unique position to provide educational advice. She has managed an orthopaedic/trauma service of a major teaching hospital, and has insight into the circumstances and challenges facing surgical teams.

• Surgical educator since 1992
• Trained over 10,000 surgeons from 65 countries within Europe, North America, Latin America, and Asia Pacific.
• Previously 20 years of trauma nursing experience in the UK and abroad
• MSc in Higher Professional Education

Lyndon Mason
Mr Mason qualified from the University of Wales College of Medicine, completing his orthopaedic training in Wales before moving to Liverpool as a consultant specialising in Major trauma and foot and ankle surgery. He was the first trainee to win the Chan Chen memorial prize twice and was the first fellow to be awarded the British Orthopaedic Foot and Ankle Society Gold fellowship award. He undertook fellowships in Dresden with Prof Hans Zwipp and Salt Lake City with Prof Saltzmann before his home fellowship in Liverpool. His research in the last few years has become nationally and internationally recognised, winning 8 national and international prizes in 7 years. Mr Mason is involved in BOFAS, as an outcomes committee member.

Mike Reed
Professor Mike Reed is a full time hip and knee joint replacement surgeon. He trained in the North of England, and did fellowships in New Zealand. At a Trust level Mike has run improvement programmes in hip fracture care, infection prevention and enhanced recovery for Northumbria Healthcare. He currently leads on quality in Trauma and Orthopaedics, and provides external reviews for other organisations. His research focuses on clinical outcomes and infection prevention, diagnosis and management. With Northumbria he is leading a national collaborative on hip fracture care, and runs basic science research from Newcastle university and clinical trials from the University of York.

Naomi Davies
Naomi qualified from Nottingham University Medical School in 1988, completed her orthopaedic training in Manchester and Toronto and have been a consultant in Children's Orthopaedic Surgery in Manchester since 2001.

After an early and many subsequent visits to Dr. Ponseti’s unit in Iowa, she developed a busy practice for patients with clubfoot and complex foot deformities and have been involved in training and the UK Clubfoot Consensus Group. Since its inception in 2012, Naomi has led the North West Children’s Major Trauma Network and the service at Royal Manchester Children’s Hospital. Following on from the attacks, we ensured that children were included in any plan for Emergency Preparedness, Resilience and Response. On the night of the Manchester Arena Attack she worked in the role of Surgeon Commander at RMCH and in the weeks and months that followed, to support rehabilitation of the victims. She is part of the team still sharing the lessons we learnt that night to inform planning across the sectors. Naomi also lead on many of the developments in children’s rehabilitation in Manchester and beyond as legacy work from the Arena Attack.

Niall Eames
Niall Eames is an orthopaedic spine surgeon, being Clinical Director of Orthopaedics and Spinal surgery in Belfast. He is Education Lead for the UKSSB and sits on the BOAs Education Committee. Niall also sits on the British Scoliosis Society Executive and is a member of the BASS Education committee. He has been leading on the Spinal Training Interface Group on behalf of the combined neurosurgical and orthopaedic spinal societies over the last 3 years and is the first Chairman of the newly formed Spinal Training Interface Group Committee. His practice covers all aspects of spinal surgery. He is an examiner for the JCIE in Trauma and Orthopaedics.

Nigel Kiely
Nigel is a consultant children’s and adult orthopaedic Surgeon. He has worked at the Robert Jones and Agnes Hunt Orthopaedic Hospital since 2004. My clinical interests are DDH, young adult hip disorders, limb deformity and CTEV. He is currently the Training Program Director for the Oswestry Stoke orthopaedic training scheme.

Nigel is married to Tracey, a GP, and we have 15 year old twins. In his spare time he heads for the hills on 2 wheels.
Paul Banaszkiewicz
Paul is an active member of several orthopaedic associations and societies including the British Orthopaedic Association (BOA), British Hip Society (BHS) and British trauma society (BTS). He is fellow of the Royal College of Surgeons of England, Edinburgh and Glasgow. He has a strong commitment to teaching, training and education. He is a member of the regional STC panel; fully accredited ST3+trainer; regularly attend the ARCP process for ST3+ trainees and a regular interviewer for the national appointments process at ST3 level. In addition, he is a fellow of the Higher Education Academy, a fellow of the Academy of Medical Educators and have a Masters degree in Medical Education.

Paul has been an ATLS instructor for 8 years and regularly instruct on various courses both at a local and regional setting. he is also the main editor and author for three FRCS (Tr&Orth) related exam books. These are international best sellers and were highly commended at the BMA book awards in 2017.

He runs an annual 6-day intensive FRCS (Tr&Orth) revision course at Northumbria University and QEH Gateshead and an annual international revision course. Paul is also a visiting professor at Northumbria University which acts as an interface between the academic roles Northumbria University provides and his own clinical oriented background that provides a practical focus for research.

Paul Cool
Professor Cool was appointed as an orthopaedic and oncological surgeon at the Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust in Oswestry in 2000. He is the immediate past president of the British Orthopaedic Oncology Society and a Trustee of the British Sarcoma Group. His research interests include the assessment of patients with musculoskeletal tumours, artificial intelligence and statistical modelling. In addition, professor Cool is statistical advisor to the European Journal of Hand Surgery. In 2018, his unit was awarded the Meridian Award for integrating genomics into clinical care.

Peter Loughenbury
Peter Loughenbury is a fellowship trained Consultant Orthopaedic Spinal Surgeon at Leeds General Infirmary. His practice includes surgical treatment for a full range of spinal conditions from the skull base to the pelvis. His entire surgical practice is focused on spinal surgery with a special interest in adult and paediatric spinal deformity.

He studied medicine at the University of Leeds and completed both basic and higher surgical training in trauma and orthopaedics in the Yorkshire Deanery. He gained specialist training in complex spinal surgery in the cervical, thoracic and lumbar spine as the National Spinal Fellow at Leeds General Infirmary - a combined neurosurgical and orthopaedic fellowship. He built on this experience with fellowship posts with the Scottish National Spinal Deformity Service at the Royal Hospital for Sick Children in Edinburgh, and as an AO Spine Fellow at Princess Alexandra Hospital in Brisbane, Australia. He teaches on a number of regional and national FRCS (Orth) revision courses and is a former trainee representative on the British Association of Spine Surgeons (BASS) Executive Committee. He is actively involved in basic science and clinical research, with ongoing collaboration with the Institute of Medical and Biological Engineering at the University of Leeds.

Shefali Kadambande
Qualifications - MBBS;DA;MD;DNB;FRCA;FFPMRCA
Dr Kadambande works as a Consultant in Anaesthesia and Pain management at the University Hospital of Wales, Cardiff.
Currently she is the Local pain Medicine Educational Supervisor.
She has been organising the deanery Pain study day and enjoy teaching with various workshops and seminars for pharmacists, GP’s, postgraduate doctors in rheumatology, GP trainees, orthopaedic surgeons, Anaesthesia trainees, Physiotherapist’s etc.

Dr Kadambande has been instrumental in various pain pathways development, IPD for newer treatments, first ever Neuro modulation clinic and Qutenza clinic in Wales. She sees and manages wide range of chronic pain conditions with a special interest in Neuropathic pain.

Sujit Kadambande
Sujit is a Consultant Orthopaedic Surgeon working in Aneurin Bevan University Health Board. He has sub specialist interest in paediatric Orthopaedics and adult foot & ankle surgery. Dr Kadambande is involved with the teaching sessions for orthopaedic trainees organised by BOA, BOTA, BOFAS and currently provide support for intercalated BSc module for medical students in Cardiff university.

Zak Choudhury
Zak is a Consultant Paediatric and Adult Spine Surgeon at James Cook University Hospital, Middlesbrough. He did his medical training at Oxford and Clinicals at the Royal Free & University College Medical School. He was inspired to follow a Spinal Career whilst an SHO at Leeds.

Zak undertook his registrar rotation in Birmingham, followed by the National Spine Fellowship at Leeds and Paediatric Fellowships at Edinburgh and Great Ormond Street. He was able to visit several Spinal centres around the world during my training thanks to Travelling Fellowships from the BSRF, BOA, RCS(Edinburgh) and BSS/BASS. Zak is forever grateful for those opportunities.

He enjoys passing on what he has learned over the years through teaching and am faculty for the RCS (Eng) Clinical Skills in Spinal Assessment and Management Course. Outside work Zak help with matchday trauma care for Wasps Rugby.
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